

Hindu Canadian Foundation (HCF)

Hindu Canadian Foundation HOLI QUIZ – QUESTIONS ONLY

Holi is a Hindu festival that has spread worldwide because of its joyful energy, colourful traditions, and sacred ancient origins.

1. Holi is a festival of:

1. Indians
2. Hindus
3. South Asians
4. Asians

2. What is Holi also known as?

1. Festival of Dance
2. Festival of Lights
3. Festival of Colours
4. Festival of Harvest

3. Which ancient story is most closely linked to Holi?

1. Rama and Sita
2. Shiva and Parvati
3. Prahlad and Holika
4. Krishna and Sudama

4. Holi celebrates the victory of:

1. Wealth over poverty
2. Silence over noise
3. Good over evil
4. Winter over summer

5. Who was Prahlad's father?

1. Hiranyakashipu

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2. Ravana
3. Bali
4. Kumbhakarna

6. What is the bonfire lit on the eve of Holi called?

1. Navratri Agni
2. Holika Dahan
3. Lohri
4. Deepotsav

7. Holi is celebrated in which Hindu month?

1. Kartik
2. Ashwin
3. Phalguna
4. Shravan

8. Which deity is associated with playful colours during Holi?

1. Hanuman
2. Ganesha
3. Shiva
4. Krishna

9. Traditionally, Holi is celebrated for how many days?

1. 5 days
2. 1 day
3. 7 days
4. 2 days

10. What natural ingredients were originally used to make Holi colours?

1. Metallic dust
2. Chemical dyes

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3. Flowers and herbs
4. Plastic powder

11. Which region is famous for Lathmar Holi?

1. Mathura
2. Ayodhya
3. Barsana
4. Vrindavan

12. What does the colour red symbolize in Holi?

1. Purity and love
2. Anger
3. Sadness
4. Fear

13. Which avatar of Vishnu protected Prahlad?

1. Narasimha
2. Vamana
3. Kurma
4. Varaha

14. Holi marks the arrival of which season?

1. Summer
2. Winter
3. Spring
4. Monsoon

15. Which sweet is traditionally associated with Holi?

1. Rasgulla
2. Gujiya
3. Gulab Jamun

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4. Ladoo

16. What is the traditional drink enjoyed during Holi?

1. Tea
2. Sharbat
3. Lassi
4. Thandai

17. Which city is known for the grandest Holi celebrations?

1. Ayodhya
2. Kashi
3. Haridwar
4. Mathura

18. What does the burning of Holika symbolize?

1. End of winter
2. Victory in war
3. Burning of ego and evil
4. Start of harvest

19. Which flower is commonly used to make natural yellow colour?

1. Rose
2. Lotus
3. Marigold
4. Jasmine

20. What is the spiritual message of Holi?

1. Wealth brings peace
2. Isolation is strength
3. Silence is power
4. Love and unity triumph

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ANSWER KEYS:

1. B
2. C
3. C
4. C
5. A
6. B
7. C
8. D
9. D
10. C
11. C
12. A
13. A
14. C
15. B
16. D
17. D
18. C
19. C
20. D